

Lifford 5K Results**Sunday 29th January 2012**

Place	Time	Race No.	Name:	Category	Club
1	15.50	80	John Paul Williamson	SM	City Of Derry A C
2	15.57	135	Darren McGlinchey	SM	Finn Valley A C
3	16.00	155	James Flanagan	SM	Tír Chonaill A C
4	16.15	79	Gerard Gallagher	SM	Finn Valley A C
5	16.32	76	Keith Shiels	SM	Foyle Valley A C
6	16.49	105	Ivan Toner	SM	Letterkenny A C
7	16.52	78	Dean Toland	SM	Finn Valley A C
8	16.53	102	Dominic Boner	M50+	Finn Valley A C
9	17.06	113	Sean McGettigan	SM	Finn Valley A C
10	17.23	188	Daniel Hannigan	SM	Lifford A C
11	17.28	170	Humphrey Murphy	M40+	Letterkenny A C
12	17.29	139	Marcus McClintock	M40+	Letterkenny A C
13	17.32	124	Gary McGee	M40+	City Of Derry A C
14	17.35	109	Shane McNulty	SM	Finn Valley A C
15	17.46	42	Martin Gormley	M40+	Letterkenny A C
16	17.54	106	Ciaran Toner	SM	Letterkenny A C
17	17.56	73	Jimmy Renfrew	M50+	Enniskillen Running Club
18	18.00	31	Joe English	M50+	Letterkenny A C
19	18.07	93	Brian J Breslin	SM	Lifford A C
20	18.17	26	James Crossan	SM	Lifford A C
21	18.22	49	Peter Lilburn	M50+	City Of Derry A C
22	18.27	165	Bill Duncan	M40+	City Of Derry A C
23	18.27	142	Michael Duffy	SM	Cranford A C
24	18.36	16	Mark Connolly	M50+	Finn Valley A C
25	18.42	163	Richard McCarthy	M50+	Tír Chonaill A C
26	18.59	89	Martin Devenney	SM	Lifford A C
27	19.04	35	Michael Gallagher	SM	Finn Valley A C
28	19.05	132	Noreen McGettigan	SW	Letterkenny A C
29	19.07	48	Catherine Lilburn	SW	City Of Derry A C
30	19.10	161	Zack McGowan	JM	City Of Derry A C
31	19.16	3	Brendan Boggs	SM	Unattached
32	19.25	75	Maurice Sharkey	SM	Lifford A C
33	19.29	91	Orin McDermott	JM	Finn Valley A C
34	19.32	54	Garvan McCloskey	M40+	Letterkenny A C
35	19.34	85	Graeme Colhoun	SM	Unattached
36	19.36	123	Raymond Doherty	M40+	Finn Valley A C
37	19.41	107	Kevin Toner	M60+	Letterkenny A C
38	19.50	65	Christy McMonagle	M60+	City Of Derry A C
39	19.51	122	Manus Quinn	M40+	City Of Derry A C
40	19.59	94	Michael Gallagher	M50+	Unattached
41	20.06	200	Ciaran Meehan	JM	Lifford A C
42	20.14	166	Paul Dillon	SM	Unattached
43	20.16	53	Malcolm McCausland	M50+	City Of Derry A C
44	20.19	52	Paul Lynch	SM	Unattached
45	20.20	150	Ciaran Bovaird	M40+	Unattached
46	20.24	189	Liam Marley	M50+	Cranford A C
47	20.35	90	Andrew Scanlon	M40+	Finn Valley A C
48	20.36	169	Roy Hunter	M50+	Unattached
49	20.39	147	Martin Anderson	M40+	Finn Valley A C

<i>Place</i>	<i>Time</i>	<i>Race No.</i>	<i>Name:</i>	<i>Category</i>	<i>Club</i>
50	20.40	88	Miriam Bonar	SW	Finn Valley A C
51	20.42	172	Martin McHugh	JM	Lifford A C
52	20.42	203	Jack Quinn	JM	Unattached
53	20.49	100	Gabriel McCrossan	M40+	Letterkenny A C
54	20.49	131	Hugh O'Donnell	M50+	Unattached
55	20.51	164	Johnny Ward	M50+	Tír Chonaill A C
56	20.58	129	Amy McDaid	JW	City Of Derry A C
57	21.03	128	Mark O'Sullivan	SM	Unattached
58	21.06	60	Sean McGinley	M40+	Lifford A C
59	21.13	101	Gary Gallagher	SM	Lifford A C
60	21.17	148	Dwayne Long	SM	Finn Valley A C
61	21.22	110	Clare Devenney	SW	Finn Valley A C
62	21.27	114	Paddy Gallagher	M40+	Lifford A C
63	21.29	104	Ailish Patton	SW	Finn Valley A C
64	21.32	134	Sean Bonner	SM	Unattached
65	21.33	191	Warren Blackburn	SM	Unattached
66	21.52	18	Paul Cosgrove	M40+	Letterkenny A C
67	21.53	19	Curly Coyle	SM	Unattached
68	21.53	187	Maria McGonagle	SW	Finn Valley A C
69	21.56	10	Gerard Campbell	M40+	Lifford A C
70	22.02	186	Conor McGonagle	M40+	Finn Valley A C
71	22.06	192	Mark McClure	SM	Unattached
72	22.07	103	Brendan Patton	M50+	Finn Valley A C
73	22.18	160	Hannah McGowan	JW	City Of Derry A C
74	22.22	183	David Crawford	SM	Unattached
75	22.23	182	Conor Gallagher	JM	clg Robert Emmets
76	22.24	136	Alan McGinley	JM	Lifford A C
77	22.27	168	Vera Haughey	W50+	Tír Chonaill A C
78	22.30	144	Gerard Crawford	SM	Lifford A C
79	22.34	181	Terry McDevitt	SM	Unattached
80	22.35	146	James Maguire	M50+	Finn Valley A C
81	22.48	117	Alan Lyttle	SM	Unattached
82	22.51	66	Frankie Murray	M50+	clg Robert Emmets
83	22.52	143	Edward Duffy	SM	Unattached
84	22.53	27	Christopher Cuskelly	SM	Lifford A C
85	23.01	167	Jackie Harvey	W50+	Tír Chonaill A C
86	23.01	174	Tracy Harley	SW	Inishowen A C
87	23.03	173	Gráinne Gallagher	SW	Inishowen A C
88	23.08	190	Gillian Marley	JW	Milford A C
89	23.10	157	Dermot Gallagher	SM	Unattached
90	23.14	138	Joseph McGinley	JM	Lifford A C
91	23.16	20	Joe Coyle	SM	Unattached
92	23.20	64	Kevin McMenamin	SM	Unattached
93	23.23	201	Gavin Meehan	JM	Lifford A C
94	23.23	7	Isabella Breslin	W40+	Lifford A C
95	23.23	6	Brian Breslin	M40+	Lifford A C
96	23.41	194	Corey McGettigan	JM	Lifford A C
97	23.41	185	Colm Hassan	SM	Unattached
98	23.56	86	William Doherty	SM	Unattached
99	23.57	83	Dean Quigley	JM	Lifford A C
100	24.02	179	Clíodhna Dunne	SW	Finn Valley A C

<i>Place</i>	<i>Time</i>	<i>Race No.</i>	<i>Name:</i>	<i>Category</i>	<i>Club</i>
101	24.13	199	Trevor McGlynn	SM	Strabane Track Club
102	24.13	37	Joe Gallen	M50+	Lifford A C
103	24.13	67	David Oliver	SM	Unattached
104	24.13	74	Michael Roulstone	M50+	Lifford A C
105	24.16	108	Samantha Wilkinson	SW	Finn Valley A C
106	24.19	125	Dympna Barrett	W45+	Unattached
107	24.20	9	Danny Burns	M60+	Lifford A C
108	24.49	62	Joyce McKittrick	SW	Lifford A C
109	25.05	23	Kathleen Craig	JW	Lifford A C
110	25.06	145	Oran Brown	JM	Lifford A C
111	25.46	149	Donal Bonner	SM	Finn Valley A C
112	25.46	46	Helena Hynes	SW	Lifford A C
113	25.50	118	Cathal Leppard	JM	Lifford A C
114	25.51	39	Joe Gavin	SM	Lifford A C
115	25.54	175	Sonya McGrory	SW	Inishowen A C
116	25.54	111	Mark Devenney	SM	Unattached
117	26.02	24	Shannon Craig	JW	Lifford A C
118	26.08	61	Brian McKinney	M40+	Lifford A C
119	26.14	29	Nicole Cuskelly	JW	Lifford A C
120	26.20	115	Aidan Gallagher	SM	Lifford A C
121	26.24	77	Tina Smyth	SW	Lifford A C
122	26.26	180	Mary Martin	W50+	Finn Valley A C
123	26.48	127	Barry McCosker	SM	Unattached
124	26.55	55	Ruth McCrudden	W45+	Unattached
125	26.58	97	Corey Hayes	JM	Lifford A C
126	27.00	69	Kevin O'Neill	M50+	Foyle Valley A C
127	27.05	47	Sinead Kelly	SW	Lifford A C
128	27.09	57	John McDaid	SM	24/7 Triathlon
129	27.18	198	Charlie McElwaine	JM	Lifford A C
130	27.22	137	Conor McGinley	JM	Lifford A C
131	27.30	126	Declan McCallion	M40+	Unattached
132	27.40	28	Claudia Cuskelly	JW	Lifford A C
133	27.41	32	Audrey Friel	W40+	Lifford A C
134	27.44	98	Rachel Friel	SW	Lifford A C
135	27.56	43	Ellie Green	JW	Lifford A C
136	28.08	15	Lorraine Connolly	SW	Lifford A C
137	28.18	58	Mariea McGinley	W40+	Lifford A C
138	28.19	162	Patricia Lucas	SW	Finn Valley A C
139	28.40	141	Lauren Lynch	JW	Lifford A C
140	28.46	1	Kevin Lynch	M50+	Lifford A C
141	29.12	159	Audrey Mortimore	W40+	Lifford A C
142	30.15	12	Clement Clarke	M50+	Lifford A C
143	30.20	38	Sonia Gavin	SW	Lifford A C
144	30.29	45	Tracey Hayes	SW	Lifford A C
145	30.29	44	Conor Hayes	M40+	Lifford A C
146	30.51	193	Ronan Burke	JM	Lifford A C
147	30.53	119	Emmet Leppard	JM	Lifford A C
148	30.56	133	Ben Connolly	JM	Lifford A C
149	31.02	84	Amy Quigley	JW	Lifford A C
150	31.03	202	Sophie Kelly	SW	Unattached
151	31.07	81	Martin Quigley	SM	Lifford A C

<i>Place</i>	<i>Time</i>	<i>Race No.</i>	<i>Name:</i>	<i>Category</i>	<i>Club</i>
152	31.21	92	Sharon Scanlon	W45+	Finn Valley A C
153	31.22	99	Carmel Colhoun	SW	Lifford A C
154	32.02	82	Sheila Quigley	SW	Lifford A C
155	32.02	96	Lorraine Gillespie	W40+	Unattached
156	32.22	158	Catherine Mortimore	SW	Lifford A C
157	32.24	151	Emer Friel	SW	Unattached
158	32.26	152	Audrey Crawford	W40+	Finn Valley A C
159	32.26	154	Mary Byrne	SW	Finn Valley A C
160	32.52	153	Anne Marie Lynch	W40+	Finn Valley A C
161	33.12	140	Rhonda Porter	SW	Lifford A C
162	33.15	50	Anne Lynch	W45+	Lifford A C
163	33.40	70	Andrew Petersen	M40+	Unattached
164	33.40	71	Karen Petersen	W45+	Unattached
165	33.51	8	Betty Burns	W50+	Lifford A C
166	34.08	112	Alisha Coll	JW	Unattached
167	34.12	176	Martin Daly	M50+	Unattached
168	34.14	177	Darren Bovaird	SM	Unattached
169	34.39	195	Cian McGettigan	JM	Lifford A C
170	34.40	156	Rose Byrne	SW	Unattached
171	34.44	56	Aileen McCullagh	SW	Unattached
172	35.15	40	Olivia Gillen	SW	Unattached
173	35.31	4	Rosemary Boggs	W45+	Lifford A C
174	35.42	95	Joan Colhoun	W50+	Lifford A C
175	36.02	120	Joanne McGinley	SW	Lifford A C
176	36.03	21	Joanne Craig	SW	Lifford A C
177	37.11	116	Aoife McDermott	SW	Unattached
178	39.38	34	Yasmine Friel	JW	Lifford A C
179	39.48	178	Wendy Casey	W45+	Lifford A C
180	40.40	130	Miguel Casalins	M40+	Unattached
181	40.52	184	Caoimhe Friel	JM	Unattached
182	40.52	33	Edel Friel	W40+	Lifford A C
183	41.02	51	Caitriona Lynch	SW	Lifford A C
184	41.47	171	Joan McHugh	W50+	Lifford A C
185	42.29	197	Martina McElwaine	SW	Lifford A C
186	42.29	196	John McElwaine	SM	Lifford A C

Total Finishers:

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